

ON TRIPLES IN ARITHMETIC PROGRESSION

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0 Summary

A well-known theorem of K. Roth [R] assures us that for any fixed $\delta > 0$, $N \in \mathbb{Z}_+$ sufficiently large and $A \subset \{1, 2, \dots, N\}$,

$$|A| > \delta N, \tag{0.1}$$

there are always 3 distinct elements $n_1, n_2, n_3 \in A$ in arithmetic progression

$$n_1 + n_2 = 2n_3. \tag{0.2}$$

His argument yields the density condition

$$\delta > c \frac{1}{\log \log N}. \tag{0.3}$$

More recently, it was shown by E. Szemerédi and D. Heath-Brown (see [H] for details) that (0.3) may be replaced by the condition

$$\delta > \frac{1}{(\log N)^c} \tag{0.4}$$

for some (small) constant $c > 0$; Szemerédi produced an explicit value $c = 1/20$. Previous arguments are based on the circle method and a comparison of the integrals

$$\delta(A)^3 \int_{\mathbb{T}} S(x)^2 S(-2x) dx \quad \text{and} \quad \int_{\mathbb{T}} S_A(x)^2 S_A(-2x) dx, \tag{0.5}$$

where

$$S(x) = \sum_{n=1}^N e^{2\pi i n x} \tag{0.6}$$

$$S_A(x) = \sum_{N \in A} e^{2\pi i n x} \tag{0.7}$$

$$\delta(A) = \frac{|A|}{N}. \tag{0.8}$$

The main point is the fact that if $\|S_A - \delta(A)S\|_\infty$ is large, i.e.

$$\|S_A - \delta(A)S\|_\infty > \gamma N \tag{0.9}$$

then there is a density increment of A in some arithmetic progression $P \subset \{1, \dots, N\}$

$$\frac{|A \cap P|}{|P|} > \delta(A) + 0(\gamma). \tag{0.10}$$

The key additional idea in the work of Szemerédi and Heath-Brown was to consider the contribution in (0.10) of sets of points $\{\theta_1, \dots, \theta_J\} \subset \mathbb{T}$ rather than a single point.

In this paper, we prove the existence of nontrivial triples in progression under the density assumption in (0.1)

$$\delta > c \left(\frac{\log \log N}{\log N} \right)^{1/2}. \tag{0.11}$$

Again we rely on the circle method but instead of considering arithmetic progressions, we aim to increase the density of A in consecutive ‘‘Bohr sets’’ of the form

$\Lambda = \Lambda_{\theta, \varepsilon, M} = \{n \in \mathbb{Z} \mid |n| \leq M \text{ and } \|n\theta_j\| < \varepsilon \text{ for } j = 1, \dots, d\}$ (0.12) where $\theta = (\theta_1, \dots, \theta_d) \in \mathbb{T}^d$. This procedure turns out to be more economical than dealing with progressions. Given Λ , we introduce a probability measure λ on \mathbb{Z} defined by

$$\lambda = \frac{1}{|\Lambda|} \mathbb{1}_\Lambda. \tag{0.13}$$

Our starting point is then to compare

$$\lambda'(A)^2 \lambda''(A) \int_{\mathbb{T}} S'(x)^2 S''(-2x) dx \tag{0.14}$$

and

$$\int_{\mathbb{T}} S'_A(x)^2 S''_A(-2x) dx \tag{0.15}$$

where

$$S'(x) = \sum \lambda'_n e^{2\pi i n x} \tag{0.16}$$

$$S''(x) = \sum \lambda''_n e^{2\pi i n x} \tag{0.17}$$

$$S'_A(x) = \sum_{n \in A} \lambda'_n e^{2\pi i n x} \tag{0.18}$$

$$S''_A(x) = \sum_{n \in A} \lambda''_n e^{2\pi i n x} \tag{0.19}$$

$$\lambda'(A) = \sum_{n \in A} \lambda'_n, \lambda''(A) = \sum_{n \in A} \lambda''_n. \tag{0.20}$$

Here λ', λ'' are associated by (0.13) to respective Bohr sets Λ', Λ'' and assumed constructed such that

$$\lambda' * \lambda''' \approx \lambda', \tag{0.21}$$

when λ''' is defined by

$$\begin{cases} \lambda'''_n = \lambda''_{\frac{n}{2}} & \text{if } n \in 2\mathbb{Z} \\ = 0 & \text{otherwise.} \end{cases}$$

Thus (0.21) ensures that

$$(0.14) \approx \lambda'(A)^2 \lambda''(A) \left[\sum (\lambda'_n)^2 \right] = \lambda'(A)^2 \lambda''(A) \|\lambda'\|_2^2. \tag{0.22}$$

On the other hand, assuming A does not contain a nontrivial triple in progression,

$$(0.15) = \sum_{n \in A} (\lambda'_n)^2 \lambda''_n \leq \frac{1}{|\Lambda''|} \|\lambda'\|_2^2. \tag{0.23}$$

One then proceeds again in analyzing the difference $|(0.14) - (0.15)|$ and the differences $S'_A - \lambda'(A)S'$ and $S''_A - \lambda''(A)S''$ in order to increase the density $\tilde{\lambda}(A)$, $\tilde{\lambda} = \frac{1}{|\tilde{\Lambda}|} \mathbb{1}_{\tilde{\Lambda}}$ for some smaller Bohr set $\tilde{\Lambda}$.

Recall, in the other direction, Behrend’s result [B], according to which there are sets $A = A_N \subset \{1, \dots, N\}$ for arbitrary N , without triples in progression and satisfying

$$\frac{|A_N|}{N} > \exp(-C\sqrt{\log N}). \tag{0.24}$$

1 Definitions

Let $\theta \in \mathbb{R}^d$, $d \geq 1$, $\varepsilon > 0$, N a positive integer. Denote

$$\Lambda_{\theta, \varepsilon, N} = \{n \in \mathbb{Z} \mid |n| \leq N, \|n\theta_j\| < \varepsilon \text{ for } j = 1, \dots, d\} \tag{1.1}$$

and $\lambda_{\theta, \varepsilon, N} = \lambda$ where

$$\lambda(n) = \begin{cases} |\Lambda_{\theta, \varepsilon, N}|^{-1} & \text{if } n \in \Lambda_{\theta, \varepsilon, N} \\ 0 & \text{otherwise.} \end{cases} \tag{1.2}$$

Thus λ is probability measure on \mathbb{Z} .

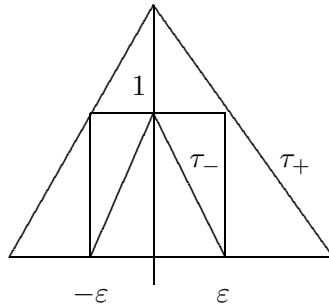
2 Estimates on Bohr Sets

LEMMA 2.0.

$$(i) \quad |\Lambda_{\theta, \varepsilon, N}| > \frac{1}{2} \varepsilon^d N \tag{2.1}$$

$$(ii) \quad |\Lambda_{\theta, \varepsilon, N}| < 8^{d+1} |\Lambda_{\theta, \frac{\varepsilon}{2}, \frac{N}{2}}|. \tag{2.2}$$

Proof. Consider functions



Thus

$$\sum_{|n| < N} \left(1 - \frac{|n|}{N}\right) \prod_{j=1}^d \tau_-(n\theta_j) < |\Lambda_{\theta, \epsilon, N}| < 2 \sum_{|n| < 2N} \left(1 - \frac{|n|}{2N}\right) \prod_{j=1}^d \tau_+(n\theta_j) \tag{2.3}$$

and

$$\begin{aligned} \sum_{|n| < N} \left(1 - \frac{|n|}{N}\right) \prod_{j=1}^d \tau_-(n\theta_j) &= \sum_{k \in \mathbb{Z}^d} \prod_{j=1}^d \hat{\tau}_-(k_j) F_N(k \cdot \theta) \\ &= \sum_{k \in \mathbb{Z}^d} \prod_{j=1}^d \frac{\sin^2 \pi \epsilon k_j}{\epsilon \pi^2 k_j^2} F_N(k \cdot \theta) \end{aligned} \tag{2.4}$$

$$2 \sum_{|n| < 2N} \left(1 - \frac{|n|}{2N}\right) \prod_{j=1}^d \tau_+(n\theta_j) = 2 \sum_{k \in \mathbb{Z}^d} \prod_{j=1}^d \frac{\sin^2 2\pi \epsilon k_j}{\epsilon \pi^2 k_j^2} F_{2N}(k \cdot \theta). \tag{2.5}$$

Clearly, from $k = 0$ contribution and positivity

$$(2.4) > \epsilon^d F_N(0) = \frac{1}{2} \epsilon^d N \tag{2.6}$$

implying (2.1).

Since

$$\begin{aligned} F_{2N}(x) &\leq 4F_{N/2}(x) \\ \sin^2 2x &= 4 \sin^2 x \cos^2 x \leq 4 \sin^2 x \leq 16 \sin^2 \frac{x}{2}, \end{aligned}$$

it follows that

$$(2.5) \leq 8^{d+1} \sum_{k \in \mathbb{Z}^d} \prod_{j=1}^d \frac{\sin^2 \pi \frac{\epsilon}{2} k_j}{\frac{\epsilon}{2} \pi^2 k_j^2} F_{\frac{N}{2}}(k \cdot \theta) \tag{2.7}$$

$$\leq 8^{d+1} |\Lambda_{\theta, \frac{\epsilon}{2}, \frac{N}{2}}|, \tag{2.8}$$

proving (2.2).

3 Regular Values of (ε, N)

LEMMA 3.0. For given (ε, N) , there are

$$\frac{\varepsilon}{2} < \varepsilon_1 < \varepsilon \tag{3.1}$$

$$\frac{N}{2} < N_1 < N \tag{3.2}$$

such that for $0 < \kappa < 1$

$$1 - \kappa < \frac{|\Lambda_{\theta, \varepsilon_2, N_2}|}{|\Lambda_{\theta, \varepsilon_1, N_1}|} < 1 + \kappa \tag{3.3}$$

if

$$|\varepsilon_1 - \varepsilon_2| < \frac{1}{100} \frac{\kappa}{d} \varepsilon_1 \tag{3.4}$$

and

$$|N_1 - N_2| < \frac{1}{100} \frac{\kappa}{d} N_1. \tag{3.5}$$

Proof. Assume for each $t \in [1/2, 1]$ there is $\kappa = \kappa(t) \lesssim 1$ such that

$$\begin{aligned} & \left| \Lambda_{\theta, (1 - \frac{1}{100} \frac{\kappa}{d})t\varepsilon, (1 - \frac{1}{100} \frac{\kappa}{d})tN} \right| \\ & < (1 + \kappa)^{-1} \left| \Lambda_{\theta, (1 + \frac{1}{100} \frac{\kappa}{d})t\varepsilon, (1 + \frac{1}{100} \frac{\kappa}{d})tN} \right|. \end{aligned} \tag{3.6}$$

From standard covering argument of $[1/2, 1]$ by collection of intervals we deduce that

$$\begin{aligned} & \frac{|\Lambda_{\theta, \frac{\varepsilon}{4}, \frac{N}{4}}|}{|\Lambda_{\theta, 2\varepsilon, 2N}|} \\ & \leq \prod_{\alpha} \frac{|\Lambda_{\theta, (1 - \frac{1}{100} \frac{\kappa_{\alpha}}{d})t_{\alpha}\varepsilon, (1 - \frac{1}{100} \frac{\kappa_{\alpha}}{d})t_{\alpha}N}|}{|\Lambda_{\theta, (1 + \frac{1}{100} \frac{\kappa_{\alpha}}{d})t_{\alpha}\varepsilon, (1 + \frac{1}{100} \frac{\kappa_{\alpha}}{d})t_{\alpha}N}|} \\ & \leq \prod_{\alpha} (1 + \kappa_{\alpha})^{-1} \end{aligned} \tag{3.7}$$

where the intervals $[(1 - \frac{1}{100} \frac{\kappa_{\alpha}}{d})t_{\alpha}, (1 + \frac{1}{100} \frac{\kappa_{\alpha}}{d})t_{\alpha}]$ are disjoint of total measure

$$\frac{1}{50d} \sum \kappa_{\alpha} t_{\alpha} > \frac{1}{4}. \tag{3.8}$$

Hence

$$\sum \kappa_{\alpha} > 12d$$

and

$$\prod (1 + \kappa_{\alpha}) > e^{\frac{2}{3} \sum \kappa_{\alpha}} > e^{8d}. \tag{3.9}$$

On the other hand, (2.2) implies that

$$\frac{|\Lambda_{\theta, \frac{\varepsilon}{4}, \frac{N}{4}}|}{|\Lambda_{\theta, 2\varepsilon, 2N}|} > 8^{-3(d+1)}. \tag{3.10}$$

Thus from (3.7), (3.9), (3.10)

$$8^{-3(d+1)} < e^{-8d}, \tag{3.11}$$

a contradiction.

Let $t_1 \in [1/2, 1]$ be such that for all $0 \leq \kappa \leq 1$

$$(1 + \kappa) |\Lambda_{\theta, (1 - \frac{\kappa}{100d})t_1 \varepsilon, (1 - \frac{\kappa}{100d})t_1 N}| \geq |\Lambda_{\theta, (1 + \frac{\kappa}{100d})t_1 \varepsilon, (1 + \frac{\kappa}{100d})t_1 N}| \tag{3.12}$$

and take

$$\varepsilon_1 = t_1 \varepsilon, \quad N_1 = t_1 N. \tag{3.13}$$

If (3.4), (3.5) hold, then

$$\Lambda_{\theta, (1 - \frac{\kappa}{100d})\varepsilon_1, (1 - \frac{\kappa}{100d})N_1} \subset \Lambda_{\theta, \varepsilon_2, N_2} \subset \Lambda_{\theta, (1 + \frac{\kappa}{100d})\varepsilon_1, (1 + \frac{\kappa}{100d})N_1} \tag{3.14}$$

and by (3.12)

$$\frac{1}{1 + \kappa} < \frac{|\Lambda_{\theta, \varepsilon_2, N_2}|}{|\Lambda_{\theta, \varepsilon_1, N_1}|} < 1 + \kappa. \tag{3.15}$$

This proves the lemma.

DEFINITION. We call (ε_1, N_1) satisfying Lemma 3.0 regular.

LEMMA 3.16. Let $\lambda = \lambda_{\theta, \varepsilon, N}$ with (ε, N) regular and $\lambda' = \lambda_{\theta, \frac{\kappa}{100d}\varepsilon, \frac{\kappa}{100d}N}$. Then

$$\|\lambda * \lambda' - \lambda\|_1 \equiv \|\lambda * \lambda' - \lambda\|_{\ell^1(\mathbb{Z})} < 2\kappa. \tag{3.17}$$

Proof. Write

$$(\lambda * \lambda')(n) = \sum_m \lambda'(m)\lambda(n - m).$$

If $(\lambda * \lambda')(n) \neq 0$, then there is m

$$|m| < \frac{\kappa}{100d}N, \quad |n - m| < N \tag{3.18}$$

such that

$$\|m\theta_j\| < \frac{\kappa}{100d}\varepsilon \tag{3.19}$$

$$\|(n - m)\theta_j\| < \varepsilon. \tag{3.20}$$

Hence, from (3.18)-(3.20)

$$|n| < (1 + \frac{\kappa}{100d})N \tag{3.21}$$

$$\|n\theta_j\| < (1 + \frac{\kappa}{100d})\varepsilon \tag{3.22}$$

and

$$n \in \Lambda_{\theta, (1 + \frac{\kappa}{100d})\varepsilon, (1 + \frac{\kappa}{100d})N}. \tag{3.23}$$

Similarly, one sees that if

$$n \in \Lambda_{\theta, (1 - \frac{\kappa}{100d})\varepsilon, (1 - \frac{\kappa}{100d})N}, \tag{3.24}$$

then

$$(\lambda * \lambda')(n) = \frac{1}{|\Lambda|} = \lambda(n). \tag{3.25}$$

From the preceding

$$\begin{aligned} & \|\lambda * \lambda' - \lambda\|_1 \\ &= \|(\lambda * \lambda') - \lambda\|_{\ell^1(\Lambda_{\theta, (1 + \frac{\kappa}{100d})\varepsilon, (1 + \frac{\kappa}{100d})N} \setminus \Lambda_{\theta, (1 - \frac{\kappa}{100d})\varepsilon, (1 - \frac{\kappa}{100d})N})} \end{aligned} \tag{3.26}$$

$$\leq \frac{1}{|\Lambda|} \left[\left| \Lambda_{\theta, (1+\frac{\kappa}{100d})\varepsilon, (1+\frac{\kappa}{100d})N} \right| - \left| \Lambda_{\theta, (1-\frac{\kappa}{100d})\varepsilon, (1-\frac{\kappa}{100d})N} \right| \right] \tag{3.27}$$

$$< 2\kappa, \tag{3.28}$$

using Lemma (3.0).

This proves (3.17).

LEMMA 3.29. *Under the assumptions of Lemma 3.16, we also have*

$$\|(\lambda * \lambda') - \lambda\|_2 < 2\sqrt{\kappa} \|\lambda\|_2. \tag{3.30}$$

Proof. Write by (3.17) and definition of λ , i.e. (1.2)

$$\begin{aligned} \|(\lambda * \lambda') - \lambda\|_2 &\leq \|(\lambda * \lambda') - \lambda\|_1^{1/2} \|(\lambda * \lambda') - \lambda\|_\infty^{1/2} \\ &\leq \sqrt{2\kappa} (2\|\lambda\|_\infty)^{1/2} \\ &= 2\sqrt{\kappa} |\Lambda|^{-1/2} \\ &= 2\sqrt{\kappa} \|\lambda\|_2. \end{aligned}$$

4 Estimation of Exponential Sum

Let $\theta \in \mathbb{T}^d$, $\lambda = \lambda_{\theta, \varepsilon, N}$ with (ε, N) regular.

LEMMA 4.0. *Assume $x \in \mathbb{T}$ and*

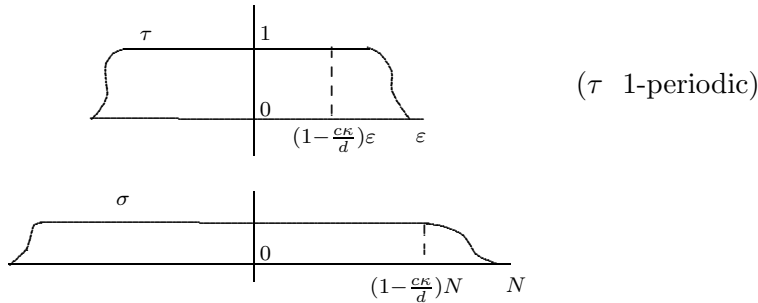
$$\left| \sum \lambda_n e^{inx} \right| > \kappa. \tag{4.1}$$

Then, there is $k \in \mathbb{Z}^d$ s.t.

$$|k_j| < Cd^4 \kappa^{-2} \left(\log \frac{1}{\varepsilon}\right)^2 \frac{1}{\varepsilon} \tag{4.2}$$

$$\|x - k \cdot \theta\| < Cd^4 \kappa^{-2} \left(\log \frac{1}{\varepsilon}\right)^2 \frac{1}{N}. \tag{4.3}$$

Proof. Consider the following functions



(with c appropriately chosen constant) such that the Fourier transform $\widehat{\tau}, \widehat{\sigma}$ satisfy decay estimate

$$|\widehat{\tau}(k)| < 2\varepsilon \exp\left(-\left(\frac{\kappa\varepsilon}{Cd}|k|\right)^{1/2}\right) \tag{4.4}$$

$$|\widehat{\sigma}(\lambda)| < 2N \exp\left(-\left(\frac{\kappa N}{Cd}|\lambda|\right)^{1/2}\right). \tag{4.5}$$

Thus

$$\left|\sum \sigma_n e^{2\pi i n x}\right| < CN \exp\left(-\left(\frac{\kappa N}{Cd}\|x\|\right)^{1/2}\right). \tag{4.6}$$

Clearly, from definition of τ, σ , we get

$$\begin{aligned} \left|\sum \lambda_n e^{2\pi i n x} - \frac{1}{|\Lambda|} \sum \sigma_n \prod_{j=1}^d \tau(n\theta_j) e^{2\pi i n x}\right| \\ < \frac{1}{|\Lambda|} (|\Lambda_{\theta, \varepsilon, N}| - |\Lambda_{\theta, (1-\frac{c\kappa}{d})\varepsilon, (1-\frac{c\kappa}{d})N}|) < \frac{\kappa}{10} \end{aligned} \tag{4.7}$$

for appropriate choice of c (cf. §3).

Thus, if (4.1)

$$\left|\sum \sigma_n \prod_{j=1}^d \tau(n\theta_j) e^{2\pi i n x}\right| > \frac{\kappa}{2} |\Lambda| > \frac{\kappa}{2} \varepsilon^d N, \tag{4.8}$$

by (2.1). Hence

$$\sum_{k \in \mathbb{Z}^d} \prod |\widehat{\tau}(k_j)| \left|\sum_n \sigma_n e^{2\pi i n(x+k\cdot\theta)}\right| > \frac{\kappa}{2} \varepsilon^d N, \tag{4.9}$$

and from (4.4), (4.6)

$$\sum_{k \in \mathbb{Z}^d} \exp - \left[\left(\frac{\kappa \varepsilon}{Cd}\right)^{1/2} \sum_{j=1}^d |k_j|^{1/2} + \left(\frac{\kappa N}{Cd}\right)^{1/2} \|x + k\cdot\theta\|^{1/2} \right] > c^d \kappa. \tag{4.10}$$

One has

$$\sum_{k \in \mathbb{Z}} \exp \left[- \left(\frac{\kappa \varepsilon |k|}{Cd}\right)^{1/2} \right] < \frac{Cd}{\kappa \varepsilon} \tag{4.11}$$

$$\sum_{|k| > k_0} \exp \left[- \left(\frac{\kappa \varepsilon |k|}{Cd}\right)^{1/2} \right] < \frac{Cd}{\kappa \varepsilon} \exp \left[- \frac{1}{2} \left(\frac{\kappa \varepsilon k_0}{Cd}\right)^{1/2} \right]. \tag{4.12}$$

Split the sum in (4.10) as

$$\sum_{|k_j| < k_0} + \sum_{\max |k_j| > k_0} = (I) + (II). \tag{4.13}$$

Then, by (4.11)

$$(I) < \left(\frac{Cd}{\kappa \varepsilon}\right)^d \max_{|k_j| < k_0} \exp \left(- \left[\frac{\kappa N}{Cd}\|x + k\theta\|\right]^{1/2} \right) \tag{4.14}$$

and by (4.12)

$$(II) < d \left(\frac{Cd}{\kappa \varepsilon}\right)^d \exp - \frac{1}{2} \left(\frac{\kappa \varepsilon k_0}{Cd}\right)^{1/2}. \tag{4.15}$$

Take thus

$$k_0 > \frac{Cd}{\kappa \varepsilon} d^2 \left(\log \frac{Cd}{\kappa \varepsilon}\right)^2 \tag{4.16}$$

to insure that

$$(II) < \frac{1}{2}c^d\kappa. \tag{4.17}$$

Hence, by (4.10), (4.13), (4.14), (4.17) we get for some $k \in \mathbb{Z}^d$

$$|k_j| < k_0 \quad (1 \leq j \leq d) \tag{4.18}$$

that

$$\exp - \left[\frac{\kappa N}{Cd} \|x + k\theta\| \right]^{1/2} > \frac{1}{2} \left(\frac{\kappa\varepsilon}{Cd} \right)^d c^d \kappa \tag{4.19}$$

$$\begin{aligned} \|x + k\theta\| &< \frac{Cd}{\kappa N} d^2 \left[\log \frac{Cd}{\kappa\varepsilon} \right]^2 \\ &< \frac{Cd^4}{\kappa^2 N} \left(\log \frac{1}{\varepsilon} \right)^2. \end{aligned} \tag{4.20}$$

From (4.18), (4.16), (4.20), the conclusion (4.2), (4.3) in Lemma 4.0 clearly follows.

5 Density

Let $A \subset \{1, \dots, N\}$ satisfying

$$|A| > \delta N. \tag{5.1}$$

For λ a probability measure on \mathbb{Z} , define

$$\lambda(A) = \sum_{n \in A} \lambda_n. \tag{5.2}$$

Starting from $\lambda_0 = \frac{1}{2N+1} \mathbb{1}_{\{-N, \dots, N\}}$ and assuming A does not contain a nontrivial triple in progression, we will construct a sequence of probability measures λ of the form $\lambda = \lambda_{\theta, \varepsilon, M}$ for varying $d, \theta \in \mathbb{T}^d, \varepsilon$ and M , such that at each step $\lambda(A')$ will increase by at least $c\lambda(A')^2$ for some translate A' of A . Thus, by (5.1), this leads to a contradiction after at most $\sim \delta^{-1}$ steps.

We agree, when introducing measures of the form $\lambda_{\theta, \varepsilon, M}$, to always assume (ε, M) regular.

The main issue in the argument is then how $d, \theta, \varepsilon, M$ will evolve along the iteration.

Assume for some translate A' of A

$$\lambda(A') = \delta_1 \geq \delta \tag{5.3}$$

where $\lambda = \lambda_{\theta, \varepsilon, M}$.

Fix $\kappa > 0$, to be specified, and define

$$\lambda' = \lambda_{\theta, \frac{c\kappa}{d}\varepsilon, \frac{c\kappa}{d}M} \tag{5.4}$$

$$\lambda'' = \lambda_{\theta, (\frac{c\kappa}{d})^2\varepsilon, (\frac{c\kappa}{d})^2M}. \tag{5.5}$$

Let λ''' denote the measure

$$\begin{aligned} \lambda'''_n &= \lambda''_{n/2} \quad \text{if } n \in 2\mathbb{Z} \\ &= 0 \quad \text{otherwise.} \end{aligned} \tag{5.6}$$

Thus

$$\lambda''' = \lambda_{\tilde{\theta}, (\frac{\epsilon\kappa}{d})^2\epsilon, 2(\frac{\epsilon\kappa}{d})^2M} \tag{5.7}$$

where

$$\tilde{\theta} = \frac{\theta}{2} \cup \left\{ \frac{1}{2} \right\}. \tag{5.8}$$

Observe that

$$\Lambda_{\tilde{\theta}, \epsilon', M'} \subset \Lambda_{\theta, 2\epsilon', M'}. \tag{5.9}$$

According to Lemma 3.16 and preceding regularity assumption, it follows that

$$\|\lambda - (\lambda * \lambda')\|_1 < \kappa \tag{5.10}$$

$$\|\lambda' - (\lambda' * \lambda'')\|_1 < \kappa \tag{5.11}$$

$$\|\lambda' - (\lambda' * \lambda''')\|_1 < \kappa \tag{5.12}$$

(for appropriate choice of constants c in (5.4), (5.5), (5.7)).

Assume for each $m \in \mathbb{Z}$

$$|\lambda'(A' + m) - \lambda(A')| > 10\kappa \quad \text{or} \quad |\lambda''(A' + m) - \lambda(A')| > 10\kappa. \tag{5.13}$$

Then, clearly, for either $\lambda^1 = \lambda'$ or $\lambda^1 = \lambda''$

$$\sum \lambda_m |\lambda^1(A' - m) - \lambda(A')| > 5\kappa. \tag{5.14}$$

Since, by (5.10), (5.11), also

$$\begin{aligned} \left| \sum \lambda_m [\lambda^1(A' - m) - \lambda(A')] \right| &= |(\lambda * \lambda^1)(A') - \lambda(A')| \\ &< \|(\lambda * \lambda^1) - \lambda\|_1 \\ &< 3\kappa \end{aligned} \tag{5.15}$$

it follows that for some m

$$\lambda^1(A' + m) > \lambda(A') + \kappa. \tag{5.16}$$

Hence, there is either some translate $A'' = A' + m$ of A satisfying

$$|\lambda'(A'') - \lambda(A')| < 10\kappa; \quad |\lambda''(A'') - \lambda(A')| < 10\kappa, \tag{5.17}$$

or, for some translate $A'' = A' + m$, there is a density increment

$$\lambda'(A'') > \lambda(A') + \kappa \quad \text{or} \quad \lambda''(A'') > \lambda(A') + \kappa. \tag{5.18}$$

In the preceding, we let

$$\kappa = 10^{-8} \delta_1^2. \tag{5.19}$$

6 Comparison of the Integrals

Assume (5.17) for some translate A'' of A . Following the circle method, consider the sums

$$S' = \sum \lambda'_n e^{2\pi i n x} \tag{6.1}$$

$$S'_A = \sum_{n \in A''} \lambda'_n e^{2\pi i n x} \tag{6.2}$$

$$S'' = \sum \lambda''_n e^{2\pi i n x} \tag{6.3}$$

$$S''_A = \sum_{n \in A''} \lambda''_n e^{2\pi i n x} \tag{6.4}$$

$$S''' = \sum \lambda'''_n e^{2\pi i n x}. \tag{6.4'}$$

Since A hence A'' does not contain a nontrivial triple in progression

$$\begin{aligned} I_1 &\equiv \int_{\mathbb{T}} S'_A(x)^2 S''_A(-2x) dx \\ &= \sum_{n \in A''} (\lambda'_n)^2 \lambda''_n. \end{aligned} \tag{6.5}$$

On the other hand

$$\begin{aligned} I_2 &\equiv \int_{\mathbb{T}} [\lambda'(A'') S'(x)]^2 [\lambda''(A'') S''(-2x)] dx \\ &= \lambda'(A'')^2 \lambda''(A'') \sum_{n_1+n_2=2m} \lambda'_{n_1} \lambda'_{n_2} \lambda''_m \\ &= \lambda'(A'')^2 \lambda''(A'') \sum_{n,m} \lambda'_n \lambda'_{n-2m} \lambda''_m. \end{aligned} \tag{6.6}$$

By construction of $\lambda', \lambda'', \lambda'''$, cf. (5.6), (5.12) we have

$$\sum_n \left| \lambda'_n - \left(\sum_m \lambda'_{n-2m} \lambda''_m \right) \right| < \|\lambda' - (\lambda' * \lambda''')\|_1 < \kappa \tag{6.7}$$

$$\left(\sum_n \left| \lambda'_n - \left(\sum_m \lambda'_{n-2m} \lambda''_m \right) \right|^2 \right)^{1/2} < \kappa^{1/2} \|\lambda'\|_\infty^{1/2} = \kappa^{1/2} \|\lambda'\|_2. \tag{6.8}$$

Hence, from (5.17), (6.8)

$$(6.6) > (\delta_1 - 10\kappa)^3 (1 - \kappa^{1/2}) \|\lambda'\|_2^2 \tag{1}$$

$$\stackrel{(5.19)}{>} \frac{1}{2} \delta_1^3 \|\lambda'\|_2^2. \tag{6.9}$$

We will assume that throughout the construction of the measures $\lambda = \lambda_{\theta, \varepsilon, M}$, $\theta \in \mathbb{T}^d$, the condition

$$\log M \gg d \left(\log \frac{1}{\varepsilon} + \log \frac{1}{\delta} + \log d \right) \tag{6.10}$$

is fulfilled.

Thus

$$(6.5) < \frac{1}{|\Lambda''|} \sum (\lambda'_n)^2 < \frac{1}{\left(\frac{c\kappa}{d}\right)^{2(d+1)} \varepsilon^d M} \|\lambda'\|_2^2 < M^{-1/2} \|\lambda'\|_2^2 \tag{6.11}$$

and from (6.6), (6.9), (6.11)

$$|I_1 - I_2| > \frac{1}{3} \delta_1^3 \|\lambda'\|_2^2. \tag{6.12}$$

Estimate

$$|I_1 - I_2| \leq \left[\int_{\mathbb{T}} |S'_A(x)|^2 dx \right] \|S''_A - \lambda''(A'')S''\|_\infty \tag{6.13}$$

$$+ \int_{\mathbb{T}} |S'_A(x)^2 - [\lambda'(A'')S'(x)]^2| |\lambda''(A'')S''(-2x)|. \tag{6.14}$$

Write by (6.2), (5.12)

$$\begin{aligned} (6.13) &= \frac{1}{|\Lambda'|^2} |\Lambda' \cap A''| \|S''_A - \lambda''(A)S''\|_\infty \\ &= \lambda'(A'') \|\lambda'\|_2^2 \|S''_A - \lambda''(A)S''\|_\infty \\ &< 2\delta_1 \|\lambda'\|_2^2 \|S''_A - \lambda''(A)S''\|_\infty. \end{aligned} \tag{6.15}$$

Thus, if (6.13) $> \frac{1}{6} \delta_1^3 \|\lambda'\|_2^2$, it follows from (6.15) that

$$\|S''_A - \lambda''(A)S''\|_\infty > \frac{1}{12} \delta_1^2. \tag{6.16}$$

Estimate

$$\begin{aligned} (6.14) &\leq \lambda''(A'') [\|S'_A\|_2 + \lambda'(A'')\|S'\|_2] \| |S'_A(x) - \lambda'(A'')S'(x)| |S''(-2x)| \|_2 \\ &< 2\lambda''(A'') \lambda'(A'')^{1/2} \|\lambda'\|_2 \| |S'_A(x) - \lambda'(A'')S'(x)| |S''(-2x)| \|_2 \\ &< 8\delta_1^{3/2} \|\lambda'\|_2 \| |S'_A(x) - \lambda'(A'')S'(x)| |S''(-2x)| \|_2 \end{aligned} \tag{6.17}$$

and it follows that if (6.14) $> \frac{1}{6} \delta_1^3 \|\lambda'\|_2^2$, then

$$\| |S'_A(x) - \lambda'(A'')S'(x)| |S''(-2x)| \|_2 > \frac{1}{48} \delta_1^{3/2} \|\lambda'\|_2. \tag{6.18}$$

We will show in the next 2 sections that both (6.16), (6.18) imply a density increment

$$\lambda_1(A_1) > \lambda(A') + 0(\delta_1^2) = \delta_1 + 0(\delta_1^2) \tag{6.19}$$

for some $\lambda_1 = \lambda_{\theta_1, \varepsilon_1, M_1}$ and translate A_1 of A .

7 Density Increment (1)

Assume (6.16)

Thus from some $x_0 \in \mathbb{T}$

$$|S''_A(x_0) - \lambda''(A'')S''(x_0)| > \frac{1}{12} \delta_1^2. \tag{7.1}$$

Recalling (5.5) where $\theta \in \mathbb{T}^d$, replace d by $d + 1$, θ by $\tilde{\theta} = \theta \cup \{x_0\} \in \mathbb{T}^{d+1}$ and let

$$\tilde{\lambda} = \lambda_{\tilde{\theta}, (\frac{c\kappa}{d})^3 \varepsilon, (\frac{c\kappa}{d})^3 M}. \tag{7.2}$$

Then

$$\begin{aligned} S''_A(x_0) &= \sum_{n \in A''} \lambda''_n e^{2\pi i n x_0} \\ &= \sum_{m, n \in A''} \lambda''_m \tilde{\lambda}_{n-m} e^{2\pi i n x_0} + 0(\|\lambda'' - (\lambda'' * \tilde{\lambda})\|_1) \end{aligned} \tag{7.3}$$

$$\begin{aligned} &\stackrel{(3.16)}{=} \sum \lambda''_m e^{2\pi i m x_0} \tilde{\lambda}(A'' - m) \\ &\quad + 0\left(\sum \tilde{\lambda}_n |e^{2\pi i n x_0} - 1| + \kappa\right) \end{aligned} \tag{7.4}$$

$$= \sum \lambda''_m \tilde{\lambda}(A'' - m) e^{2\pi i m x_0} + 0\left(\left(\frac{c\kappa}{d}\right)^3 \varepsilon + \kappa\right) \tag{7.5}$$

where $\kappa = 10^{-8} \delta_1^2$, cf. (5.14).

Thus (7.1), (7.5) imply that

$$\left| \sum_m \lambda''_m [\tilde{\lambda}(A'' - m) - \lambda''(A'')] e^{2\pi i m x_0} \right| > \frac{1}{13} \delta_1^2 \tag{7.6}$$

$$\sum \lambda''_m |\tilde{\lambda}(A'' - m) - \lambda''(A'')| > \frac{1}{13} \delta_1^2. \tag{7.7}$$

Again

$$\left| \sum \lambda''_m [\tilde{\lambda}(A'' - m) - \lambda''(A'')] \right| = |(\lambda'' * \tilde{\lambda})(A'') - \lambda''(A'')| < \kappa \tag{7.8}$$

and (7.7), (7.8), (5.17) permit us to ensure that

$$\tilde{\lambda}(\tilde{A}) > \lambda''(A'') + \frac{1}{30} \delta_1^2 > \lambda(A') - 10\kappa + \frac{1}{30} \delta_1^2 > \delta_1 + \frac{1}{40} \delta_1^2 \tag{7.9}$$

for some translate $\tilde{A} = A'' - m$ of A .

Thus (7.9) produces the required density increment (6.19).

8 Density Increment (2)

Assume next (6.18).

Since

$$\begin{aligned} \|S'_A - \lambda'(A'')S'\|_2 &\leq \|S'_A\|_2 + \lambda'(A'')\|S'\|_2 < 2\lambda(A'')^{1/2}\|\lambda'\|_2 \\ &< 4\delta_1^{1/2}\|\lambda'\|_2 \end{aligned} \tag{8.1}$$

it follows from (6.18) that

$$\| [S'_A - \lambda'(A'')S']|_{\mathcal{F}} \|_2 > \frac{1}{10^2} \delta_1^{3/2} \|\lambda'\|_2 \tag{8.2}$$

where

$$\mathcal{F} = \{x \in \mathbb{T} \mid |S''(-2x)| > 10^{-3} \delta_1\} = \{x \in \mathbb{T} \mid |S'''(-x)| > 10^{-3} \delta_1\}. \tag{8.3}$$

In order to specify \mathcal{F} , apply Lemma 4.0 with λ replaced by λ''' given by (5.7). Thus if $x \in \mathcal{F}$, there is $k \in \mathbb{Z}^d$ s.t.

$$\begin{aligned} |k_j| &< C d^4 \delta_1^{-2} \left(\log \frac{d^2}{\delta_1^4} \frac{1}{\varepsilon}\right)^2 \frac{d^2}{\delta_1^4} \frac{1}{\varepsilon} \\ &< C \frac{d^7}{\delta_1^7} \left(\log \frac{1}{\varepsilon}\right)^2 \frac{1}{\varepsilon} \quad (1 \leq j \leq d) \end{aligned} \tag{8.4}$$

and

$$\|x - k\tilde{\theta}\| < C \frac{d^7}{\delta_1^7} \left(\log \frac{1}{\varepsilon}\right)^2 \frac{1}{M}, \tag{8.5}$$

where $\tilde{\theta}$ is given by (5.8).

Thus if we let

$$\tilde{\Lambda} = \Lambda_{\tilde{\theta}, \tilde{\varepsilon}, \tilde{M}} \tag{8.6}$$

with

$$\tilde{\varepsilon} = c \frac{\delta_1^9}{d^8} \left(\log \frac{1}{\varepsilon}\right)^{-2} \varepsilon \tag{8.7}$$

$$\tilde{M} = c \frac{\delta_1^9}{d^7} \left(\log \frac{1}{\varepsilon}\right)^{-2} M \tag{8.8}$$

it follows from (8.4), (8.5) that (for an appropriate constant c)

$$\|nx\| < 10^{-3} \delta_1^2 \text{ for } x \in \mathcal{F}, \quad n \in \tilde{\Lambda}. \tag{8.9}$$

Recalling (5.4)

$$\lambda' = \lambda_{\theta, c \frac{\delta_1^2}{d} \varepsilon, c \frac{\delta_1^2}{d} M} \tag{8.10}$$

the multiplier $\tilde{\lambda}$ associated with $\tilde{\Lambda}$ will also satisfy

$$\|(\lambda' * \tilde{\lambda}) - \lambda'\|_1 < 10^{-6} \delta_1^7 \tag{8.11}$$

from (8.7), (8.8), (3.16). Hence

$$\|(\lambda' * \tilde{\lambda}) - \lambda'\|_2 < 10^{-3} \delta_1^{7/2} \|\lambda'\|_2. \tag{8.12}$$

Write

$$\begin{aligned} S'_A(x) &= \sum_{n \in A''} \lambda'_n e^{2\pi i n x} \\ &= \sum_{n \in A''} (\lambda' * \tilde{\lambda})_n e^{2\pi i n x} \end{aligned} \tag{8.13}$$

$$+ \sum_{n \in A''} (\lambda' - (\lambda' * \tilde{\lambda}))_n e^{2\pi i n x}. \tag{8.14}$$

From (8.12)

$$\|(8.14)\|_2 \leq \|\lambda' - (\lambda' * \tilde{\lambda})\|_2 < 10^{-3} \delta_1^{7/2} \|\lambda'\|_2. \tag{8.15}$$

Write

$$(8.13) = \sum_{m, n \in A''} \lambda'_m \tilde{\lambda}_{n-m} e^{2\pi i n x}$$

$$= \sum_m \lambda'_m e^{2\pi i m x} \tilde{\lambda}(A'' - m) \tag{8.16}$$

$$+ \sum_{m,n \in A''} \lambda'_m \tilde{\lambda}_{n-m} (e^{2\pi i n x} - e^{2\pi i m x}). \tag{8.17}$$

One has for $x \in \mathcal{F}$, by (8.9)

$$\begin{aligned} |(8.17)| &= \left| \sum_{m,n \in A''} \lambda'_{n-m} \tilde{\lambda}_m (e^{2\pi i n x} - e^{2\pi i (n-m)x}) \right| \\ &= \left| \sum_m \tilde{\lambda}_m (e^{2\pi i m x} - 1) \left[\sum_{n \in A''} \lambda'_{n-m} e^{2\pi i (n-m)x} \right] \right| \\ &\leq 10^{-3} \delta_1^2 \sum_m \tilde{\lambda}_m \left| \sum_{k \in A''-m} \lambda'_k e^{2\pi i k x} \right| \end{aligned} \tag{8.18}$$

hence

$$\|(8.17)|_{\mathcal{F}}\|_2 \leq 10^{-3} \delta_1^2 \sum_m \tilde{\lambda}_m \|\lambda'\|_2 = 10^{-3} \delta_1^2 \|\lambda'\|_2. \tag{8.19}$$

Thus, from (8.15), (8.19)

$$\begin{aligned} \|[S'_A - \lambda'(A'')S']|_{\mathcal{F}}\|_2 &< \left\| \sum_m \lambda'_m e^{2\pi i m x} \tilde{\lambda}(A'' - m) - \lambda'(A'')S' \right\|_2 \\ &\quad + \frac{1}{500} \delta_1^2 \|\lambda'\|_2 \\ &= \left(\sum_m (\lambda'_m)^2 [\lambda'(A'') - \tilde{\lambda}(A'' - m)]^2 \right)^{1/2} + \frac{\delta_1^2}{500} \|\lambda'\|_2. \end{aligned} \tag{8.20}$$

Consequently, (8.2), (8.20) give

$$\left(\sum_m (\lambda'_m)^2 [\lambda'(A'') - \tilde{\lambda}(A'' - m)]^2 \right)^{1/2} > \frac{\delta_1^{3/2}}{200} \|\lambda'\|_2 \tag{8.21}$$

$$\sum \lambda'_m [\lambda'(A'') - \tilde{\lambda}(A'' - m)]^2 > \frac{\delta_1^3}{4 \cdot 10^4} \tag{8.22}$$

$$[\lambda'(A'') + \max_m \tilde{\lambda}(A'' - m)] \left[\sum \lambda'_m |\lambda'(A'') - \tilde{\lambda}(A'' - m)| \right] > \frac{\delta_1^3}{4 \cdot 10^4}. \tag{8.23}$$

From (8.23), either for some m

$$\tilde{\lambda}(A'' - m) > \frac{4}{3} \delta_1 \tag{8.24}$$

or

$$\sum \lambda'_m |\lambda'(A'') - \tilde{\lambda}(A'' - m)| > \frac{\delta_1^2}{10^5}. \tag{8.25}$$

Since again

$$\left| \sum_m \lambda'_m [\lambda'(A'') - \tilde{\lambda}(A'' - m)] \right| = |\lambda'(A'') - (\lambda' * \tilde{\lambda})(A'')|$$

$$\stackrel{(8.11)}{<} 10^{-6} \delta_1^7. \tag{8.26}$$

(8.25), (8.26) imply for some m

$$\tilde{\lambda}(A'' - m) - \lambda'(A'') > \frac{1}{2} \left(\frac{\delta_1^2}{10^5} - \frac{\delta_1^7}{10^6} \right) > \frac{\delta_1^2}{10^6}$$

$$\tilde{\lambda}(A'' - m) \stackrel{(5.17)}{>} \lambda(A') - 10\kappa + 10^{-6} \delta_1^2 > \delta_1 + 10^{-7} \delta_1^2$$
(8.27)

for some m . Thus (8.24), (8.27) give again the increment

$$\tilde{\lambda}(\tilde{A}) > \delta_1 + 10^{-7} \delta_1^2 \tag{8.28}$$

for some translate

$$\tilde{A} = A'' - m \text{ of } A, \text{ i.e. (6.19).} \tag{8.29}$$

9 Conclusion

Taking into account (5.13), (7.9), (8.28), it follows that starting from $\lambda = \lambda_{\theta, \varepsilon, M}, \theta \in \mathbb{T}^d$ such that

$$\lambda(A') = \delta_1 > \delta \tag{9.1}$$

for some translate A' of A , one of the following holds

$$\lambda'(A_1) > \delta_1 + 10^{-8} \delta_1^2 \tag{9.2}$$

$$\lambda''(A_1) > \delta_1 + 10^{-8} \delta_1^2 \tag{9.3}$$

$$\tilde{\lambda}(A_1) > \delta_1 + \frac{1}{40} \delta_1^2 \tag{9.4}$$

$$\tilde{\tilde{\lambda}}(A_1) > \delta_1 + 10^{-7} \delta_1^2 \tag{9.5}$$

for some translate A_1 of A .

Here $\lambda', \lambda'', \tilde{\lambda}, \tilde{\tilde{\lambda}}$ are given by (5.4), (5.5), (7.2), (8.6)-(8.8) respectively.

Hence

$$\lambda_1(A_1) > \delta_1 + 10^{-8} \delta_1^2 \tag{9.6}$$

where λ_1 is of the form

$$\lambda_1 = \lambda_{\theta_1, \varepsilon_1, M_1} \tag{9.7}$$

with

$$\theta_1 \in \mathbb{T}^{d+1} \tag{9.8}$$

$$\varepsilon_1 > c \delta_1^9 d^{-8} \left(\log \frac{1}{\varepsilon} \right)^{-2} \varepsilon \tag{9.9}$$

$$M_1 > c\delta_1^9 d^{-8} \left(\log \frac{1}{\varepsilon}\right)^{-2} M. \quad (9.10)$$

Starting from $\lambda_0 = \frac{1}{2N+1} \mathbb{1}_{\{-N, \dots, N\}}$, $\lambda_0(A) > \delta$, it follows indeed from (9.6) that one needs at most $\sim 1/\delta$ iteration steps to reach a contradiction. Thus the number d is bounded by

$$d \leq C\delta^{-1} \quad (9.11)$$

(9.9) implies at each step α

$$\varepsilon_{\alpha+1} > c\delta^{17} \left(\log \frac{1}{\varepsilon_\alpha}\right)^{-2} \varepsilon_\alpha \quad (9.12)$$

hence

$$\varepsilon_\alpha > c\delta^{20\alpha} > \delta^{C\delta^{-1}}. \quad (9.13)$$

Similarly

$$M_{\alpha+1} > c\delta^{17} \left(\log \frac{1}{\varepsilon_\alpha}\right)^{-2} M_\alpha > c\delta^{20} M_\alpha \quad (9.14)$$

$$M_\alpha > \delta^{C\delta^{-1}} N. \quad (9.15)$$

Coming back to condition (6.10), we get from (9.11), (9.13), (9.15) the restriction

$$\log N \gg \delta^{-2} \log \frac{1}{\delta} \quad (9.16)$$

i.e.

$$\delta > C \left(\frac{\log \log N}{\log N} \right)^{1/2}. \quad (9.17)$$

Thus, if (9.17) holds, the set A must contain a nontrivial triple in progression.

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