MENTAID

Perceptions of a skin wearable for stress management

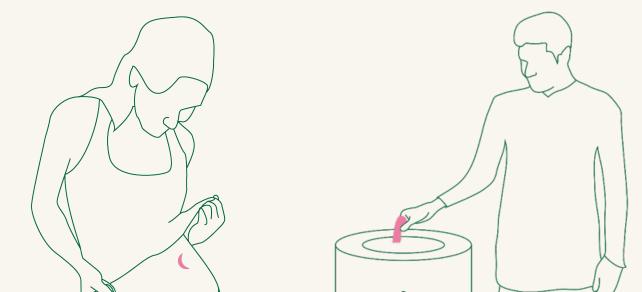
CHALLENGE

Stress is an expensive problem: \$300 billion/year (just in the US) Technology is transforming the future of mental health care Skin wearables allow us to monitor stress levels early and frequently

RESEARCH

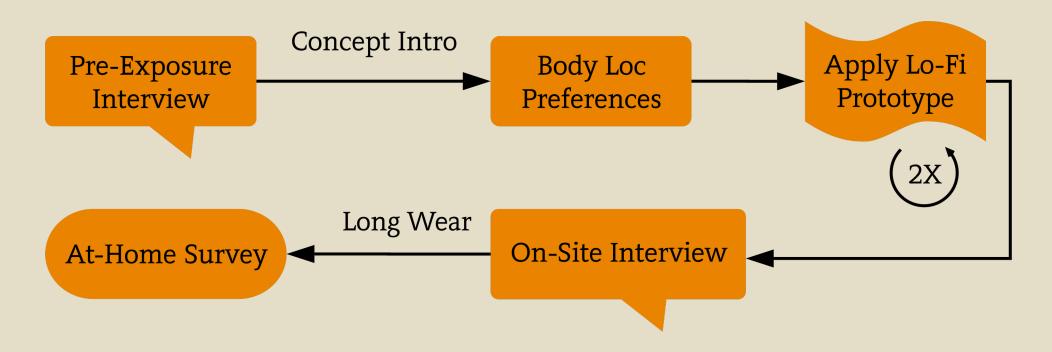
Social Acceptability

Perceived Risks and Benefits

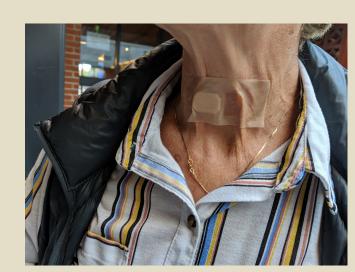


Recommendations for Enhanced Design

Method



Low-Fidelity Prototype





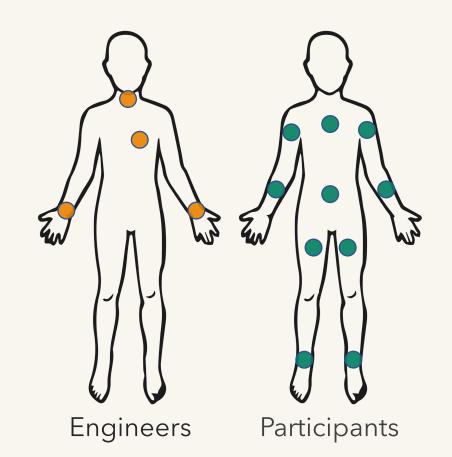
FINDINGS

Privacy

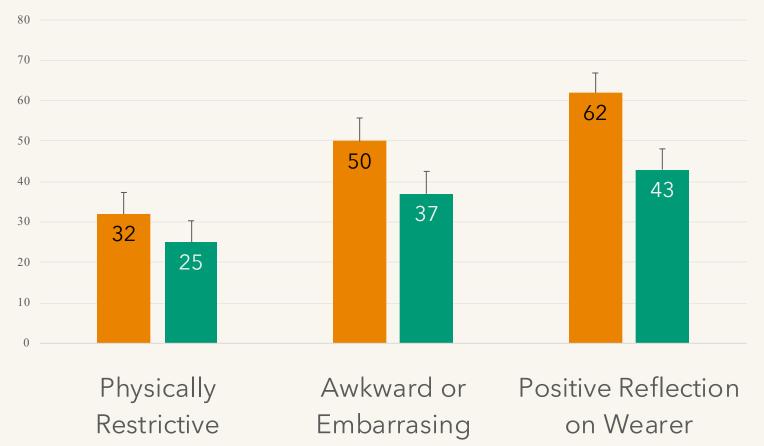
Social Perception

User Interface

Preferred Body Locations



User Perception **Before** and **After** Long Wear



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Pervasive Wellbeing Technology Lab | https://med.stanford.edu/pervasivewellbeingtech.html

