(Lennon/McCartney)

Help, I need somebody

Help, not just anybody

Help, you know I need someone, help

When I was younger (So much younger than) so much younger than today

(I never needed) I never needed anybody's help in any way

(Now) But now these days are gone (These days are gone), I'm not so self assured

(I know I've found) Now I find I've changed my mind and opened up the doors

Help me if you can, I'm feeling down

And I do appreciate you being round

Help me get my feet back on the ground

Won't you please, please help me

(Now) And now my life has changed in oh so many ways

(My independence) My independence seems to vanish in the haze

(But) But every now (Every now and then) and then I feel so insecure

(I know that I) I know that I just need you like I've never done before

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And I do appreciate you being round

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Help me, get my feet back on the ground

Won't you please, please help me, help me, help me, ooh